

STRAINT

Meaning: Strain (noun): a state of mental or physical tension or stress resulting from demanding circumstances.

1. The artist felt a strain in his wrist after hours of painting.
2. She needed to manage the strain of her busy schedule more effectively.
3. The team experienced a strain on their resources during the project's peak phase.
4. His emotional strain was evident in the way he spoke about his recent challenges.
5. They decided to implement new strategies to alleviate the strain on their budget.

Source: sentences.whatistheurl.com

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