

STIFFNESS

Meaning: Stiffness refers to the quality or state of being rigid or unable to bend easily, often resulting in discomfort or tension.

1. The stiffness in her back made it difficult for her to bend over.
2. He noticed a stiffness in the air as the debate grew more intense.
3. After the long hike, the stiffness in his legs was a reminder of his sedentary lifestyle.
4. The stiffness of the fabric gave the suit an elegant, structured look.
5. Increased stiffness in the joints can be a sign of arthritis in older adults.

Source: sentences.whatistheurl.com

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