

STIFF-BACKED

Meaning: Stiff-backed refers to a posture characterized by a rigid, upright position of the back, often associated with confidence or discomfort.

1. She walked into the room with a stiff-backed posture, conveying her confidence.
2. After hours of sitting at the desk, he stood up stiff-backed, trying to stretch his aching muscles.
3. The soldier stood stiff-backed during the ceremony, embodying discipline and pride.
4. Feeling stiff-backed from the long flight, she decided to take a walk to loosen up.
5. The elder's stiff-backed demeanor hinted at a lifetime of adherence to strict manners and traditions.

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