

STAYEDNESS

Meaning: Stayedness refers to a state of being present, grounded, and stable, especially amidst chaos or change.

1. The concept of stayedness often refers to a state of being present and grounded.
2. In moments of chaos, she found comfort in the stayedness of her routine.
3. The therapist emphasized the importance of stayedness in finding inner peace.
4. The meditation practice encouraged a sense of stayedness amidst the distractions of life.
5. His ability to maintain stayedness during the crisis was truly admirable.

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