

SPRY

Meaning: Spry: (adjective) lively and active, especially for an older person.

1. The elderly woman was surprisingly spry, keeping up with the younger kids at the park.
2. Even at seventy-five, he remained spry enough to hike the challenging trails every weekend.
3. Her spry demeanor and quick wit made her a favorite among her grandchildren.
4. Despite his age, the spry gentleman danced with energy that rivaled that of much younger men.
5. After yoga class, she felt spry and rejuvenated, ready to tackle the day ahead.

Source: sentences.whatistheurl.com

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