

SPIRITUALTY

Meaning: Spirituality is the personal pursuit of a deeper connection to the divine or a higher sense of meaning, often independent of organized religion.

1. Spirituality often transcends organized religion, focusing instead on personal connection to the divine.
2. Many people find that mindfulness practices enhance their sense of spirituality and inner peace.
3. The retreat offered workshops aimed at deepening participants' understanding of their own spirituality.
4. Exploring different cultures can provide valuable insights into the diverse expressions of spirituality.
5. For some, nature serves as a profound source of inspiration and a pathway to spirituality.

Source: sentences.whatistheurl.com

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