

SPINAL

Meaning: Relating to the spine or backbone, particularly in its structure and function.

1. The spinal column plays a crucial role in protecting the delicate spinal cord.
2. Yoga can help improve flexibility and strength in the spinal muscles.
3. After the accident, he experienced severe pain in his spinal region.
4. Doctors often recommend physical therapy for spinal injuries to aid recovery.
5. Understanding the anatomy of the spinal nervous system is essential for medical students.

Source: sentences.whatistheurl.com

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