

SPHINCTER

Meaning: Sphincter: a ring-like muscle that constricts or relaxes to control the passage of substances through an opening in the body.

1. The sphincter muscle plays a crucial role in controlling the passage of food from the esophagus to the stomach.
2. During childbirth, the pelvic floor sphincters can be stretched, affecting their function.
3. Doctors often examine the anal sphincter to assess any potential issues related to bowel control.
4. The lower esophageal sphincter prevents stomach acid from flowing back into the esophagus.
5. In some medical procedures, sphincter dilation may be necessary to alleviate certain digestive disorders.
6. The sphincter muscle plays a crucial role in regulating the passage of food through the digestive system.
7. During a medical examination, the doctor assessed the function of the anal sphincter for any abnormalities.
8. Yoga can help strengthen the pelvic floor muscles, including the sphincters, which can improve bladder control.
9. Involuntary contractions of the lower esophageal sphincter can lead to discomfort and acid reflux.
10. Surgery may be necessary if the sphincter fails to function properly, causing chronic incontinence.

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