

SPEARMINT

Meaning: Spearmint is a variety of mint (Mentha spicata) known for its sweet, refreshing flavor and aromatic leaves, commonly used in culinary dishes and beverages.

1. The refreshing taste of spearmint in the tea lifted my spirits on a hot day.
2. I added fresh spearmint leaves to the salad for an unexpected burst of flavor.
3. Her homemade spearmint ice cream was the highlight of the summer picnic.
4. The aroma of spearmint filled the air as we walked through the herb garden.
5. He chose a spearmint toothpaste that promised a long-lasting fresh breath.

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