

SPASTICITY

Meaning: Spasticity is a condition characterized by increased muscle tone and stiffness, leading to difficulty in movement and coordination.

1. Spasticity can significantly impact a person's mobility and daily activities.
2. Physical therapy often helps reduce spasticity and improve muscle control.
3. In individuals with cerebral palsy, spasticity is a common and challenging symptom.
4. The doctor explained that spasticity results from an imbalance in the signals between the brain and muscles.
5. Effective management of spasticity may involve a combination of medication and rehabilitation techniques.

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