

SPAR

Meaning: To spar means to engage in a practice fight or mock combat, typically in martial arts or boxing, to improve skills and techniques.

1. The two boxers decided to spar at the gym to refine their techniques.
2. During the training session, the coach watched as the students began to spar with one another.
3. As they sparred, their movements became more fluid and confident with each round.
4. It's important to spar with different partners to challenge your skills and adaptability.
5. The martial artists took turns sparring, showcasing their unique styles and strategies.
6. The two boxers decided to spar in the ring before the main event.
7. As the storm approached, we could see the trees spar in the strong winds.
8. She often used her weekends to spar with friends in friendly debates about current events.
9. During practice, the martial artists would spar with each other to improve their techniques.
10. The young athletes gathered at the gym to spar and refine their fighting skills.
11. The two boxers decided to spar in the gym to prepare for their upcoming match.
12. During the debate, the candidates began to spar over their differing views on healthcare.
13. Children often spar with each other playfully, pretending to be knights in a grand battle.
14. The martial arts class paired students to spar, allowing them to practice their techniques in a controlled environment.
15. As the storm approached, the wind began to spar with the trees, bending their branches violently.
16. The two boxers decided to spar in the ring to prepare for their upcoming match.
17. During the training session, they would often spar with each other to improve their techniques.
18. I watched as the young athletes began to spar, showcasing their skills and agility.
19. To build camaraderie, the martial arts students regularly sparred under the supervision of their coach.
20. As they sparred, the experienced fighter demonstrated various combinations to help his partner

learn.

21. During their training session, the athletes would often spar to improve their techniques.

22. The instructor watched closely as the students took turns to spar with each other.

23. She enjoyed the chance to spar with seasoned fighters, as it sharpened her skills.

24. In preparation for the championship, they would spar five days a week to build their endurance.

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