

SOOTHE

Meaning: To soothe means to gently calm or relieve discomfort or distress.

1. She played soft music to soothe her anxious mind.
2. A warm bath can help soothe tired muscles after a long day.
3. He tried to soothe the crying child with gentle words and a comforting hug.
4. The herbal tea was meant to soothe her nerves before the big presentation.
5. They used lavender oil to soothe the stress of their hectic week.

Source: sentences.whatistheurl.com

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