

# SOMNAMBULATION

*Meaning: Somnambulation is the act of walking or performing tasks while in a state of sleep, typically without conscious awareness.*

1. Somnambulation often leads individuals to perform complex tasks while completely unaware of their actions.
2. The doctor explained that somnambulation can be triggered by stress or sleep deprivation.
3. During the sleep study, researchers observed a subject engaging in somnambulation as he wandered through the hall.
4. Her somnambulation had become a concern for her family, as she sometimes ventured outside at night.
5. Despite the unusual behavior associated with somnambulation, many people are completely unaware they are sleepwalking.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/somnambulation>*