

SOBRIETY

Meaning: Sobriety refers to the state of being sober, particularly the condition of not being under the influence of alcohol or drugs, often associated with recovery from addiction.

1. After years of struggle, she finally achieved a sense of sobriety that brought her inner peace.
2. The community celebrated his sobriety, recognizing the strength it took to overcome his addiction.
3. In moments of crisis, his unwavering sobriety became a source of inspiration for those around him.
4. Practicing mindfulness played a crucial role in maintaining her sobriety and improving her mental health.
5. The documentary highlighted the importance of support groups in helping individuals maintain their sobriety.

Source: sentences.whatistheurl.com

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