

SLEEP

Meaning: Sleep: a natural, periodic state of rest for the mind and body, characterized by altered consciousness and reduced sensory activity, during which the body recovers and rejuvenates.

1. After a long day at work, all she wanted was a good night's sleep.
2. The baby's gentle cooing lulled him into a deep sleep.
3. They set up a cozy tent in the backyard, excited for a night under the stars and the promise of sleep.
4. He struggled to concentrate, his mind clouded by the fatigue of insufficient sleep.
5. Sleep is essential for maintaining both physical health and mental clarity.
6. Sleep is essential for maintaining good health and cognitive function.
7. After a long day, all she wanted was a peaceful night's sleep.
8. He often struggles to fall asleep due to his racing thoughts.
9. The baby's gentle breathing indicated that he was finally in a deep sleep.
10. Sleep deprivation can lead to serious physical and mental health issues.
11. After a long day at work, all I wanted was a good night's sleep.
12. Sleep is essential for maintaining both physical and mental health.
13. The baby finally fell asleep after hours of rocking and soothing.
14. She often struggles to get enough sleep during the busy school year.
15. A cozy blanket and a warm cup of tea can make sleep come easier.
16. After a long day of work, all I wanted to do was sleep.
17. She found it hard to sleep with all the noise from the street.
18. The baby finally fell asleep after being rocked for an hour.
19. He dreams of traveling the world while he sleeps peacefully at night.
20. The soothing sound of rain helped her fall into a deep sleep.
21. He often struggled to sleep when anxiety crept in at night.

22. A warm cup of chamomile tea before bed can promote better sleep.
23. Children need more sleep than adults to support their rapid growth and development.

Source: sentences.whatistheurl.com

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