

SINUS

Meaning: Sinus: a cavity within a bone or tissue, particularly in the skull, that is connected to the nasal passages and involved in respiratory functions.

1. The doctor explained that the pain in my forehead was likely due to sinus pressure.
2. After a long flight, I often experience discomfort in my sinuses due to changes in altitude.
3. Sinus infections can cause symptoms like headaches, congestion, and facial pain.
4. I scheduled an appointment with an ear, nose, and throat specialist to address my chronic sinus issues.
5. Yoga and breathing exercises can help alleviate some discomfort related to sinus congestion.

Source: sentences.whatistheurl.com

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