

SINGLE-FOOT

Meaning: Single-foot refers to a technique or movement that is performed using only one foot, often highlighting skill or balance in activities such as athletics or dance.

1. The athlete showcased a remarkable single-foot technique during the high jump.
2. In the dance competition, she executed a flawless single-foot spin that left the judges in awe.
3. He managed to balance on a single-foot for an impressive amount of time, demonstrating his strength and control.
4. The single-foot landing was critical for maintaining momentum in the skateboarding trick.
5. During the yoga class, the instructor emphasized the importance of stability when practicing single-foot poses.

Source: sentences.whatistheurl.com

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