SIESTA

Meaning: Siesta: a short nap or rest taken in the early afternoon, often after lunch, commonly practiced in various cultures.

1. Taking a siesta in the afternoon sun is a cherished tradition in many cultures.
2. After lunch, I often enjoy a brief siesta to recharge my energy for the rest of the day.
3. The sound of children playing outside lulled me into a peaceful siesta on the porch.
4. In Spain, the custom of a midday siesta is believed to boost productivity in the afternoon.
5. She felt refreshed and ready to tackle her work after a short siesta.

Source: sentences.whatistheurl.com

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