

# SEXAGESIMA

*Meaning: Sexagesima is the second Sunday before Lent in the Christian calendar, named from the Latin word for sixty.*

1. Sexagesima marks the second Sunday before Lent in the Christian calendar.
2. The term sexagesima is derived from the Latin word for sixty, reflecting its position in the liturgical calendar.
3. During the service on sexagesima, the readings often focus on the themes of preparation and repentance.
4. Many congregations celebrate sexagesima with special hymns and prayers that highlight the upcoming Lenten season.
5. In some traditions, sexagesima serves as a reminder of the importance of self-examination before the fast begins.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

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