

# SENEGA

*Meaning: Senega refers to the root of the plant \*Polygala senega\*, commonly used in traditional medicine for treating respiratory ailments.*

1. Senega is often used in traditional medicine to treat respiratory ailments.
2. The vibrant festival in Senegal was a beautiful display of culture and art, attracting visitors from around the globe.
3. He was fascinated by the rich history and diverse traditions of the Senega region.
4. Many people believe that Senega root can enhance physical endurance and stamina.
5. The documentary highlighted the environmental challenges faced by the Senega River and its surrounding ecosystems.

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