

SELF

Meaning: Self refers to an individual's consciousness, identity, or essence, particularly in relation to their thoughts, feelings, and personal growth.

1. Self-reflection is essential for personal growth and understanding.
2. She has a strong sense of self that guides her decisions in life.
3. The self can be a complex concept, shaped by experiences and relationships.
4. In moments of solitude, he often contemplates his true self.
5. Practicing self-care is vital for maintaining mental and emotional well-being.

Source: sentences.whatistheurl.com

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