

SELF-RESTRAINED

Meaning: Self-restrained: characterized by the ability to control one's impulses, emotions, or desires.

1. Despite the temptation to indulge, she remained self-restrained and focused on her goals.
2. His self-restrained demeanor in the face of provocation impressed everyone at the meeting.
3. The self-restrained artist chose to express her emotions through subtle imagery rather than bold colors.
4. In a world full of excess, she admired those who were self-restrained in their desires and lifestyles.
5. Self-restrained individuals often find greater peace and satisfaction in their daily lives.

Source: sentences.whatistheurl.com

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