

SELF-POSSESSED

Meaning: Self-possessed: exhibiting calmness and composure, especially in difficult or chaotic situations.

1. She remained self-possessed during the chaotic meeting, calmly addressing each concern.
2. Even in the face of criticism, his self-possessed demeanor earned him respect from his peers.
3. The actress appeared self-possessed on stage, effortlessly captivating the audience with her poise.
4. Despite the unexpected challenges, she handled the situation with a self-possessed grace that impressed everyone.
5. His self-possessed attitude in stressful situations made him a natural leader among his colleagues.

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