

SELF-POSITING

Meaning: Self-positing refers to the act of confidently asserting one's own worth and value, often without relying on external validation.

1. Self-positing can be seen in individuals who confidently assert their worth in both personal and professional settings.
2. The concept of self-positing encourages people to recognize their achievements and value without external validation.
3. In her journey of self-discovery, she embraced self-positing as a way to build her self-esteem and resilience.
4. The workshop focused on self-positing techniques to help participants improve their self-image and assertiveness.
5. Through self-positing, he was able to overcome his insecurities and take on leadership roles within his community.

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