

# SELF-LIFE

*Meaning: Self-life refers to the duration or period during which a product remains effective or a person's emotional state remains stable before requiring renewal or change.*

1. The self-life of certain products can greatly affect their marketing strategy.
2. Understanding the self-life of your emotional well-being is crucial for personal development.
3. The scientist studied the self-life of bacteria to determine how long they could survive outside their environment.
4. In the context of food preservation, knowing the self-life of ingredients is essential for safety.
5. Her self-life was tested during challenging times, revealing strengths she hadn't known she possessed.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/self-life>*