

SELF-EXPOSURE

Meaning: Self-exposure is the act of revealing one's personal thoughts, feelings, or experiences to others, often leading to increased vulnerability and potential personal growth.

1. Self-exposure can lead to both personal growth and vulnerability in relationships.
2. In the world of social media, self-exposure is often balanced with the desire for privacy.
3. The artist's work reflects a profound sense of self-exposure, revealing her innermost thoughts and feelings.
4. Therapists often encourage self-exposure as a means to confront and overcome personal fears.
5. His self-exposure during the interview shocked many, but it ultimately resonated with the audience.

Source: sentences.whatistheurl.com

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