

# SELF-DESTRUCTIVE

*Meaning: Self-destructive refers to actions or behaviors that are harmful to oneself, often leading to negative consequences in personal relationships or overall well-being.*

1. His self-destructive behavior often alienated his friends and family.
2. She realized that her self-destructive habits were holding her back from success.
3. The film explores themes of love and self-destructive choices in a poignant way.
4. He struggled with self-destructive thoughts that clouded his judgment.
5. Many artists channel their pain into self-destructive creativity, leading to both brilliance and tragedy.

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Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)

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