SELF-DESTRUCTION

Meaning: Self-destruction refers to the process of causing harm to oneself, often through detrimental behaviors or choices that lead to one's downfall or ruin.

1. Her relentless pursuit of perfection ultimately led to her self-destruction.
2. The novel explores themes of self-destruction through its flawed characters.
3. He realized that his self-destructive habits were sabotaging his relationships.
4. The documentary sheds light on the cycle of self-destruction faced by many artists.
5. In moments of despair, she often found herself teetering on the brink of self-destruction.

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