

SELF-DESTROYER

Meaning: A self-destroyer is a person whose own harmful behaviors or tendencies undermine their well-being and relationships.

1. The self-destroyer in him made it difficult to maintain healthy relationships.
2. She realized that her self-destructive habits were preventing her from reaching her full potential.
3. The self-destroyer within often sabotaged his efforts just when things were going well.
4. His tendency to overthink and doubt himself marked him as a true self-destroyer.
5. In a moment of clarity, she vowed to overcome the self-destroyer that had plagued her for years.

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