

SELF-DEFENCE

Meaning: Self-defence is the act of protecting oneself from imminent harm or threat, often justified by law.

1. Many countries have laws that allow individuals to use self-defence when faced with an imminent threat.
2. In her testimony, she explained that her actions were purely in self-defence during the altercation.
3. The debate over what constitutes reasonable self-defence continues to be a contentious issue in legal circles.
4. He enrolled in martial arts classes not only for fitness but also to improve his self-defence skills.
5. Self-defence can sometimes be a gray area, especially when determining the proportionality of the response.

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