

SELF-DECEPTION

Meaning: Self-deception is the act of misleading oneself to avoid acknowledging uncomfortable truths or realities.

1. Self-deception can often lead to a distorted perception of reality.
2. Many people engage in self-deception to avoid facing uncomfortable truths about themselves.
3. Her self-deception about her abilities ultimately hindered her career progress.
4. The novel explores themes of love and self-deception through its complex characters.
5. Recognizing his self-deception was the first step towards personal growth and healing.

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