

SELF-CONDEMNATION

Meaning: Self-condemnation refers to the act of criticizing or blaming oneself for perceived faults or mistakes.

1. Her self-condemnation was evident in the way she spoke about her past mistakes.
2. He struggled with feelings of self-condemnation after realizing the impact of his words.
3. The character's journey was marked by intense self-condemnation, revealing her internal conflicts.
4. In moments of doubt, self-condemnation often overshadowed her achievements and strengths.
5. The therapist emphasized the importance of overcoming self-condemnation to foster self-acceptance.

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