

SELF-COMMAND

Meaning: Self-command is the ability to control one's emotions, impulses, and actions, especially in challenging situations.

1. Self-command is essential for overcoming procrastination and achieving goals.
2. In moments of crisis, her self-command allowed her to remain calm and focused.
3. He admired her self-command in the face of adversity, which inspired others around her.
4. Practicing meditation can significantly enhance one's self-command and emotional regulation.
5. The athlete's self-command during the final moments of the game led to a stunning victory.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/self-command>