

# SELF-AFFAIRS

*Meaning: Self-affairs refer to personal matters or activities that focus on an individual's well-being and self-care.*

1. Self-affairs are often overlooked in the hustle of daily life.
2. Taking time for self-affairs can lead to greater personal fulfillment.
3. She dedicated her weekend to her self-affairs, focusing on her mental well-being.
4. Balancing self-affairs with professional responsibilities can be challenging.
5. His commitment to self-affairs has improved his overall happiness and productivity.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/self-affairs>*