

SEDENTARILY

Meaning: Sedentarily: in a manner characterized by a lack of physical activity or prolonged sitting.

1. She preferred to work sedentarily, often choosing to read or write at her desk for hours.
2. Many modern lifestyles encourage people to live sedentarily, increasing the risk of various health issues.
3. He found it difficult to concentrate when he was sedentarily engaged in tasks for too long without a break.
4. The documentary highlighted how animals can adapt to living sedentarily in urban environments.
5. Despite his tendency to live sedentarily, he made an effort to incorporate regular exercise into his routine.

Source: sentences.whatistheurl.com

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