

SEDENT

Meaning: SEDENT (adjective): characterized by or requiring a lot of sitting; inactive or not physically active.

1. The sedent lifestyle of many office workers can lead to various health issues.
2. After years of a sedent existence, she decided it was time to embrace an active routine.
3. Sedent animals often face different challenges compared to their more mobile counterparts.
4. His sedent habits made it difficult for him to keep up with his friends during outdoor activities.
5. In her research, she focused on the effects of a sedent lifestyle on mental well-being.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/sedent>