

SCORBUTUS

Meaning: Scorbutus is a disease caused by a deficiency of vitamin C, characterized by symptoms such as fatigue, swollen gums, and joint pain.

1. Scorbutus, commonly known as scurvy, was a significant health issue among sailors during long sea voyages.
2. The symptoms of scorbutus include fatigue, swollen gums, and joint pain due to a deficiency of vitamin C.
3. Historically, the discovery that citrus fruits could prevent scorbutus changed maritime practices for the better.
4. The diagnosis of scorbutus can often be made through a patient's dietary history and clinical symptoms.
5. Despite being rare in modern times, scorbutus serves as a reminder of the importance of proper nutrition.

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