

# SCIATIC

*Meaning: 'Sciatic' refers to anything related to the sciatic nerve, particularly in the context of pain or discomfort originating from this nerve in the lower back and legs.*

1. The patient was diagnosed with sciatic nerve pain after weeks of discomfort.
2. Yoga and stretching can help alleviate some symptoms associated with sciatic issues.
3. Many people find relief from sciatic pain through physical therapy and exercise.
4. The doctor explained that the sciatic nerve is the longest nerve in the body.
5. Chronic sciatic pain can significantly impact one's quality of life and daily activities.
6. The patient was diagnosed with sciatic nerve pain after complaining of severe discomfort in her lower back and legs.
7. Physical therapy can often help alleviate the symptoms associated with sciatic nerve issues.
8. Many people experience a tingling sensation in their legs when dealing with sciatic problems.
9. Sciatic pain can be debilitating, making it difficult to perform everyday activities.
10. Doctors often recommend specific stretches to relieve pressure on the sciatic nerve.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/sciatic>*