

SAUTE

Meaning: To sauté means to cook food quickly in a small amount of oil or fat over relatively high heat.

1. To enhance the flavor of the dish, you'll want to sauté the garlic in olive oil before adding the vegetables.
2. She decided to sauté the mushrooms until they were golden brown and tender.
3. For a quick weeknight meal, you can sauté shrimp with a mix of spices and serve it over rice.
4. The chef demonstrated how to sauté the onions until they became translucent and fragrant.
5. After sautéing the bell peppers, he added them to the pasta for a burst of color and taste.

Source: sentences.whatistheurl.com

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