

SARDINE

Meaning: Sardine: a small, oily fish commonly used in cooking, often preserved in cans and served in various dishes.

1. The chef prepared a delicious pasta dish featuring sardines, garlic, and fresh tomatoes.
2. After a long day at the beach, we enjoyed a picnic that included sardines on crusty bread.
3. In many Mediterranean countries, sardines are a staple food known for their rich flavor and health benefits.
4. He opened a can of sardines, relishing the salty aroma that filled the kitchen.
5. Sardines are often praised for their high omega-3 content and are considered a sustainable seafood choice.
6. The chef prepared a delicious pasta dish with sardines and fresh tomatoes.
7. After a long day at the beach, we enjoyed a picnic featuring sardines on crackers.
8. Sardines are often considered a nutritious option due to their high omega-3 content.
9. In many cultures, preserving sardines in oil is a traditional method of food storage.
10. She opened a can of sardines and was surprised by how flavorful they were.

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