

# SARCOLINE

*Meaning: Sarcoline is a compound associated with muscle health and metabolism, often linked to various physiological functions in the body.*

1. Sarcoline is often used in discussions about muscle health and metabolism.
2. The presence of sarcoline in the body is linked to various physiological functions.
3. Researchers are studying the effects of sarcoline on muscle recovery after exercise.
4. Dietary supplements containing sarcoline may benefit those looking to enhance their athletic performance.
5. Understanding sarcoline's role in muscle composition can lead to advancements in nutrition science.

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