

SALUBRITY

Meaning: Salubrity refers to the quality of being health-giving or promoting well-being.

1. The salubriety of the mountain air drew many visitors seeking a healthier lifestyle.
2. Regular exercise contributes significantly to the salubrity of both mind and body.
3. Incorporating fresh fruits and vegetables into your diet enhances overall salubriety.
4. The retreat was located in a region known for its salubrious climate and peaceful surroundings.
5. Salubriety is often overlooked in urban planning, despite its importance for public health.

Source: sentences.whatistheurl.com

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