

SAIVISM

Meaning: Saivism is a branch of Hinduism that focuses on the worship of Shiva as the supreme deity, often involving meditation and rituals to enhance spiritual connection.

1. Saivism emphasizes the worship of Shiva as the supreme deity in various forms and manifestations.
2. Practitioners of Saivism often engage in meditation and rituals to deepen their spiritual connection with Shiva.
3. The philosophy of Saivism teaches that liberation can be attained through devotion, knowledge, and disciplined practice.
4. In many regions, Saivism has influenced local culture and traditions, resulting in unique expressions of worship.
5. The texts associated with Saivism, such as the Agamas, provide detailed guidance on rituals and spiritual practices.

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