

RUNNING

Meaning: Running (noun): the act of moving rapidly on foot, often for exercise or recreation.

1. Running is not only a great way to stay fit, but it also helps clear the mind.
2. She enjoys running in the early morning when the air is fresh and cool.
3. After months of training, he finally completed his first marathon, which felt like a monumental achievement.
4. The sound of her footsteps echoed on the pavement as she lost herself in the rhythm of running.
5. Running through the park, he spotted a family having a picnic under a large oak tree.

Source: sentences.whatistheurl.com

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