

# RUNCH

*Meaning: RUNCH (noun): A light meal or snack eaten in the late afternoon, typically combining elements of both lunch and dinner.*

1. She decided to have a quick munch before heading to her afternoon meeting.
2. After a long day at work, he enjoyed a leisurely munch at his favorite café.
3. The concept of munch is gaining popularity among busy professionals seeking a healthy meal.
4. They scheduled a munch date to catch up on each other's lives amidst their hectic schedules.
5. On weekends, I like to combine brunch and lunch into a satisfying munch with friends.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/munch>*