

RUGA

Meaning: Ruga (noun): a fold or ridge in a bodily structure, particularly in the palate or stomach, that aids in functions such as chewing or digestion.

1. The ruga on the palate helps in the formation of food boluses during chewing.
2. In some cultures, the rugae of the stomach are studied to understand digestive health.
3. Artisans often create intricate patterns that mimic the appearance of ruga in textile design.
4. The ruga can change in response to various stimuli, showcasing the body's adaptability.
5. During the examination, the doctor noted the rugae in the oral cavity as a sign of health.

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