

# RUCK

*Meaning: Ruck (noun): In rugby, a ruck is a phase of play where players from both teams bind together over the ball on the ground, competing for possession.*

1. The players formed a ruck after the tackle, vying for possession of the ball.
2. In rugby, a ruck occurs when players from both teams bind together over the ball on the ground.
3. The referee called for a scrum after the ruck became too chaotic.
4. She quickly learned how to navigate a ruck effectively during her first rugby match.
5. His ability to engage in the ruck made him an invaluable player on the team.
6. The players formed a ruck around the ball, trying to gain possession.
7. In rugby, a ruck occurs when the ball is on the ground and players from both teams converge.
8. After the intense ruck, the referee awarded a free kick to the defending team.
9. The coach emphasized the importance of technique when entering a ruck to avoid penalties.
10. During the match, the team's ability to win rucks significantly influenced the final score.
11. The players formed a ruck as they battled for possession of the ball.
12. After the tackle, the referee called for a ruck to allow the teams to regroup.
13. She expertly emerged from the ruck with the ball tucked securely under her arm.
14. In rugby, a ruck occurs when players from both teams bind together to contest the ball.
15. The coach emphasized the importance of technique in forming a strong ruck during practice.
16. The players formed a ruck around the ball to regain possession.
17. During the match, the intensity of the ruck caught everyone off guard.
18. He was praised for his technique in winning rucks during the game.
19. The referee called a foul after a particularly rough ruck.
20. As the game progressed, the ruck became a crucial part of their strategy.
21. The players formed a ruck around the ball, vying for possession.
22. During the rugby match, the referee called for a scrum after the ruck collapsed.

23. She watched in awe as the massive forwards pushed their opponents back in the ruck.
24. The coach emphasized the importance of maintaining low body position in a ruck.
25. After the intense ruck, several players needed a moment to catch their breath.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

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