

RIGOROUS

Meaning: RIGOROUS: characterized by strictness, thoroughness, and precision in approach or execution.

1. The scientist conducted a rigorous analysis of the data to ensure the validity of her findings.
2. Training for the marathon required a rigorous regimen that tested both my physical and mental endurance.
3. The school is known for its rigorous academic standards, preparing students for the challenges of higher education.
4. To achieve accuracy, the researchers employed a rigorous methodology that included multiple rounds of testing.
5. He approached the project with a rigorous attention to detail, leaving no stone unturned in his quest for perfection.

Source: sentences.whatistheurl.com

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