

RIGORIST

Meaning: Rigorist: a person who strictly adheres to established rules, principles, or texts, often emphasizing precision and exactness in interpretation or practice.

1. The professor was known as a rigorist, adhering strictly to the original texts in his interpretations.
2. In the debate, she took a rigorist stance, insisting on following the rules to the letter.
3. His rigorist approach to philosophy often alienated more flexible thinkers.
4. Many appreciated her rigorist principles, believing they ensured the integrity of the project.
5. The rigorist demands of the training program pushed the athletes to their limits.

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