

# RIGIDNESS

*Meaning: Rigidness refers to the quality of being inflexible or strict, often resulting in a lack of adaptability or openness to change.*

1. The rigidness of the company's policies often stifled creativity among employees.
2. Her rigidness in adhering to the schedule left little room for spontaneity.
3. Despite the rigidness of their training program, the athletes achieved remarkable results.
4. The architect's design was criticized for its rigidness, lacking the fluidity of modern trends.
5. His rigidness in his beliefs made it difficult for him to consider alternative viewpoints.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/rigidness>*